



## **Mattagami First Nation CN INCIDENT COMMUNITY HEALTH SURVEY**

Mattagami First Nation wants to know if and how the CN derailment that happened on March 7, 2015 has impacted the health and well-being of the Mattagami people. This information will help Mattagami First Nation work together with CN and government agencies to address any health impacts related to these derailments.

We would like as many children, youth, adults and Elders as possible to fill out this survey. If you have children and consent to them participating in the survey, please encourage them to complete this survey to the best of their ability.

Any information you or other family members share in this survey will be grouped with other responses in a summary report and not be attributed to you as an individual. The summary report will be shared with CN and government agencies for the purposes of contributing towards a preliminary understanding of the effects of this derailment on the Mattagami First Nation. The surveys will be kept with Mattagami First Nation. We may be asking for further survey information following the completion of this first survey.

If you have answered yes to any of Questions 8, 9, 13, 19, 24 or 29, it would be appreciated if you would let Eileen Boissoneau or Amanda Ryan know so that they can follow up with you.

Please fill in this survey **by March 31, 2015** and mail, e-mail or fax it back to:

Mattagami First Nation CN Incident Health Survey  
75 Helen Street  
P.O. Box 99  
Gogama ON  
P0M 1W0

Email to: [info@mattagami.com](mailto:info@mattagami.com) with "CN HEALTH SURVEY" in the subject line  
Fax: 705.894.2887

If you have any questions or concerns about this survey, please contact: Eileen Boissoneau at: 705.266.5828 or Amanda Ryan at: 705.894.2072

In the spirit of our community,

**Chief & Council**, Mattagami First Nation

## Survey Questions

Please tell us about yourself:

**1. Where do you live?**

- On the Mattagami First Nation reserve
- Off the Mattagami First Nation reserve

**2. Were you on the Mattagami First Nation reserve during the incident or over the weekend when the incident occurred (March 6 – 8)**

- Yes
- No

**3. Overall do you consider yourself to be a healthy person?**

- Yes
- No

**4. Do you have any long-term or pre-existing health conditions:**

- Yes
- No

**5. If yes, what health conditions do you suffer from?**

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**6. What is your age range:**

- Child/youth (0 – 18 years)
- Adult (19 – 64)
- Elder (65+)

**7. Are you:**

- Male
- Female

Please tell us how the CN derailment from March 7, 2015 may have affected your physical or mental health:

**8. Has this incident (derailment, spill and fire) affected your physical health?**

- Yes
- No (skip to question 9)
- Not sure/don't know (skip to question 9)

If yes, please describe the effects on your physical health:

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**9. Has this incident (derailment, spill and fire) affected your mental health?**

- Yes
- No (skip to question 11)
- Not sure/don't know (skip to question 11)

If yes, please describe the effects on your mental health:

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**10. What do you think should be done to help you cope with the effects on your mental health?**

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**11. Have you worked at or visited the incident site in the response to the derailment?**

- Yes
- No (skip to question 15)

**12. Please describe the kind of work you are/were doing at the incident site (driving trucks, working in the water, construction, etc.), or if you visited the incident site, what you did while you were there.**

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**13. Have you experienced any health problems from working at or visiting the incident site?**

- Yes
- No (skip to question 15)

**14. If yes, please describe what the health problem(s) is/are and how intense this problem was/is for you:**

Health problem	Intensity of the symptoms ( <i>check one</i> )
	<input type="checkbox"/> Mild ( <i>bothersome, but hasn't affected my work</i> ) <input type="checkbox"/> Moderate ( <i>the problem limits how much I can work</i> ) <input type="checkbox"/> Strong ( <i>I had to stop working because of this problem</i> )
	<input type="checkbox"/> Mild ( <i>bothersome, but hasn't affected my work</i> ) <input type="checkbox"/> Moderate ( <i>the problem limits how much I can work</i> ) <input type="checkbox"/> Strong ( <i>I had to stop working because of this problem</i> )
	<input type="checkbox"/> Mild ( <i>bothersome, but hasn't affected my work</i> ) <input type="checkbox"/> Moderate ( <i>the problem limits how much I can work</i> ) <input type="checkbox"/> Strong ( <i>I had to stop working because of this problem</i> )

Please tell us about how you use the plants and animals in this region and if you have seen any effects on these resources as a result of the CN derailment of March 7, 2015:

**15. Before the CN derailment of March 7, 2015 did you eat fish or shellfish in the lakes and rivers in this region?**

- Yes
- No (skip to question 20)

**16. What kinds of fish or shellfish did you eat?**

- Pickerel
- Pike
- Mussels/Clams other shellfish
- Lake Trout
- Brook Trout
- Other (Please specify) \_\_\_\_\_

**17. How often did you eat fish or shellfish from the lakes and rivers in this region?**

- Every day
- A few times a week
- A few times a month
- Not very often – a few times a year
- Never

**18. Is there a season that you ate fish or shellfish more often from the lakes and rivers in this region?**

- I ate fish or shellfish more often in the spring (March – May)
- I ate fish or shellfish more often in the summer (June – August)
- I ate fish or shellfish more often in the fall (September-November)
- I ate fish or shellfish more often in the winter (December - February)
- I ate fish or shellfish equally throughout the year (in all seasons)
- I ate fish or shellfish randomly/sporadically throughout the year (in all seasons)

**19. Has the CN derailment of March 7, 2015 changed how much, how often, from which locations, or what type of fish or shellfish you eat from the lakes and rivers in this region?**

- Yes
- No (skip to question 20)

- I don't know/I'm not sure yet (skip to question 20)

If so, in what way?

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**20. Before the CN derailment of March 7, 2015, did you eat animals that were hunted, trapped, or snared in this region?**

- Yes  
 No (skip to question 25)

**21. What kinds of animals did you eat (check all that apply)?**

- Moose  
 Deer or Elk  
 Bear  
 Beaver  
 Rabbits  
 Other (Please specify) \_\_\_\_\_

**22. How often did you eat animals that are hunted, trapped, or snared in this region?**

- Every day  
 A few times a week  
 A few times a month  
 Not very often – a few times a year  
 Never

**23. Is there a season that you ate animals that are hunted/trapped/snared in this region more often?**

- I ate these animals more often in the spring (March – May)  
 I ate these animals more often in the summer (June – August)  
 I ate these animals more often in the fall (September-November)  
 I ate these animals more often in the winter (December - February)  
 I ate these animals equally throughout the year (in all seasons)  
 I ate these animals randomly/sporadically throughout the year (in all seasons)

**24. Has the CN derailment of March 7, 2015 changed how much, how often, from which locations, or what type of animals you eat from this region?**

- Yes
- No (skip to question 25)
- I don't know/I'm not sure yet (skip to question 25)

If so, in what way?

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**25. Before the CN derailment of March 7, 2015, did you eat plants or use plant medicines that are harvested in this region?**

- Yes
- No (skip to question 30)

**26. What kinds of plants did you eat or medicines did you use (check all that apply)?**

- Berries (e.g., raspberries, blueberries, etc.)
- Sage
- Grasses (e.g., Sweetgrass)
- Shrubs (e.g., Labrador tea)
- Cedar trees/bark
- Spruce or Pine trees/bark
- Other trees (leaves, bark)
- Plants that grow in wet/boggy areas or areas near lakes/rivers/creeks
- Other plants or medicines (Please specify) \_\_\_\_\_

**27. How often did you eat plants or use medicines that are harvested in this region?**

- Every day
- A few times a week
- A few times a month
- Not very often – a few times a year
- Never

**28. Is there a season that you ate plants or used medicines that are harvested in this region more often?**

- I ate plants or used medicines more often in the spring (March – May)
- I ate plants or used medicines more often in the summer (June – August)
- I ate plants or used medicines more often in the fall (September-November)
- I ate plants or used medicines more often in the winter (December - February)
- I ate plants or used medicines equally throughout the year (in all seasons)
- I ate plants or used medicines randomly/sporadically throughout the year (in all seasons)

**29. Has the CN derailment of March 7, 2015 changed how much, how often, from which locations, or what type of plants or medicines that you eat or use from this region?**

- Yes
- No (skip to question 30)
- I don't know/I'm not sure yet (skip to question 30)

If so, in what way?

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**30. Have you seen any animals or fish since the CN derailment of March 7, 2015?**

- Yes
- No (skip to end of survey)
- Not sure/don't know (skip to end of survey)

If yes, please fill in the table to let us know what type of animal(s) or fish you saw, where they were and, if possible, the condition of the animal/fish.

Type of Animal	Where you saw this animal/fish	Condition of the animal/fish (dead, alive, sick, healthy, etc.)



## **MIIGWETCH!**

Please complete this survey by March 31, 2015 and drop it off at the Band office, mail, e-mail or fax it back to us:

Mattagami First Nation Health Survey  
75 Helen Street  
P.O. Box 99  
Gogama ON  
P0M 1W0

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